

**BeHappy@The Meeting Place**

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**Your Place and Our Place**

**Traction Athletic Club, Weybourne Rd, GU11 3NE**

**11:00-1pm Memory Café (Social Group)**

**Tea, coffee and biscuits. craft and games, chair based music and movement, golden oldies records, chat & friendship. (FREE)**

**Light refreshments available throughout (£2 donation)**

**11-2pm Memory Café’ and Memory Choir (Alternate)**

**Join our community choir and experience the joy of singing (£4 donation)**

**Alt. Week: Inclusive Group all ages and abilities welcome**

**Want to know more & tell us to look out for you?**

**Call Tel 01420 82705**

**E:** [**hello@thehappyhealinghut.com**](mailto:hello@thehappyhealinghut.com)

**Transport Available on Arrangement**

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